

Emilia Dicken

Film title: The Patient

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Treatment

The Therapist is about a therapist and her patient. Both trying to work through the trauma of the patient's childhood through each session, first session the patient doesn't talk much, second the session the patient describes his childhood and the therapist gives a prescription for sleeping pills and antidepressants. A dark memory surfaces as the therapist and patient are talking and the patient start acting unstable and aggressive by shouting and walking out and slamming the door shut. Turning up to her house in the middle of the night and breaking in. Blaming the therapist, the therapist fights off the patient and knocks over a vase with her leg, then she lands on a table and smashes two plates. This causes her to land on her knees where the patient slices her neck open. The patient stars running away down the empty road as sirens are heard in the background. (open ending)

Summary

In the film the characters will be a patient and therapist. The patient is intimidating and obsessive over the therapist. Eventually breaking into her house and killing her.

To film this I will be using different types of shots such as, Wide shot, Close up shot and mid shot. I am using these to either capture the full picture or to grow tension between both characters and the audience

I am hoping that the final outcome looks like cinematography has been considered throughout this process. Also I want there to be similarities to my inspiration. Use of lighting will hopefully be used to its full potential. I can also achieve this by changing and filtering the film. I think a blue undertone will really bring out the darker side and shaded areas of the film.

Location Scouting/Risk Assessment



This is what my set will be. There will be a few changes when i start to film such as,

Personal photographs will be movie out of the way. This is due to the fact that the therapist does not show any personal items to patients because of the danger it may cause. In the film that I used as my inspiration The therapist also conducts her sessions in her own living room. I think this is to create a relationship and a comforting atmosphere to all the patients.

Other items such a pillows, and most of what is on the table on the left of the picture will be removed to make the scene more minimalistic. This creates an empty space and feeling. The outside area will not be seen at all as i have decided to use the curtains as a way to hide it and to create a soft natural light.

I chose this area because it is more easy to manipulate the setting and the lighting goes well with my film. Also the actual lights are bright and fluorescent so if there is a need for harsher lighting I can use them.



COMparing this area to the counselling office inside the school there is a big difference.



This area is harshly lit with little to no natural lighting. Also there isn't much space to use here and i would



only have access to it one day a week which would be disastrous. It also looks like it was made for young people, which it was. However, my film does not have any accept of children in it. To film in here would be awkward because i wouldn't have much space to move the camera around.

Equipment

Equipment	description/Why this one	Usage / what scene
<p>Video camera</p> 	<p>The Panasonic HX-WA30 is widely used. Its advantage is its waterproof and shockproof which means when filming outside in the rain i won't have to worry about it getting damaged. In scenes where there may be movement I can use it shockproof to my advantage as well. This is also used because it is very portable and is not heavy.</p>	<p>This will be used for a wide range of lighting environments. Techniques I will be using range from fast moving to focusing on objects.</p> <p>I will use this to film all of my scenes</p>
<p>Voice recorder</p> 	<p>This sound recorder is a H2n Handy recorder and can produce good quality and it is not complicated to use. There is little to no background sound when trying to record audio. When recording audio the sound quality is there.</p> <p>It is small and very easy to carry around on and off set.</p>	<p>This will be used when I need my audio or i am recording other sounds for the movie such as breaking glass, screams, doors slamming etc.</p>

<p>Tripod</p> 	<p>This is the Manfrotto compact tripod. Its advantaged by how it compacts and is then able to move around. The head of the tripod is useful because it can move smoothly and has agility. In the running scene I can use this tripod to keep the camera steady and still hold it within the final footage being to shaky to see</p>	<p>This will be used in only 1 and a half scenes to make the film less shaky</p>
<p>Light reflector</p> 	<p>This light reflector is lightweight and great at reflecting natural light onto its target. Its accurate when reflecting as well.</p> <p>It is completely portable and can stand wind and slight rain. This can help because one of the scenes is raining</p>	<p>Only used on the therapist in 3 scenes</p>

Production calendar

DATE			
April 19-30	Ideas, Inspiration short films	Research of pitch	Treatment first draft
May 1st-28th	Pre production which contains shot list, treatment, production schedule, location scouting/ risk assessment. Etc.. These are all highly important for me. These are so I know why I am doing something and how I can fix a problem if one arises. Also to help the flow of the film and editing.	Finalising treatment. Receiving second opinions on how to improve the treatment. How to make it more suitable and understanding for the audience.	
June 3rd-4th	Testing shots, Testing the lighting. What other equipment might i be missing for this scene. Is there anything stopping me from completing the shoot? Furniture in the way? Pets in footage? etc..	Testing audio, meaning recording sounds of voices and seeing if there is an echo or background sound. I am doing this to help speed production along so I am prepared when filming with actors starts.	When I test for background sound i will leave the voice recorder on in the living room and replay it. This way i will know what make the background sounds and i will stop them before filming. I already have an idea of what might cause the background sounds, such as, dehumidifier, dogs barking, neighbors.
PREPRODUCTION	PREPRODUCTION	PREPRODUCTION	PREPRODUCTION
PREPRODUCTION	PREPRODUCTION	PREPRODUCTION	PREPRODUCTION

June 12th	I had previously planned on starting to edit my film here however, due to actors and actresses dropping out of production I have been forced to find new actors and start filming at a later date. This can cause major problems as I have less time edit the film. There will also be less time to film along with actors that do not know the role they are playing very well.	Officially starting filming on wednesday the 14th and finished filming by friday the 16th	
June 14	On this day I start filming. I will start by having the actors recite their lines together once more as they have already read the script. This will make filming them together more smooth.	Because of the way i plan on filming it there are many loopholes i have created. The actors are sitting together however they are rarely in the same shot because of this I can film one scene that looks like there are two characters in it but only actually have one actor on set	
June 15	On this day I will Finish filming all shots that include both actors in it.	When referencing my script and shot list I can see which scenes need both actors	
June 17	The 17th will include me getting all sound recording. This will include dogs barking, plates breaking, voice audio and any sound tracks. All sound will be		

	my own except the music.		
June 19	I will finish any remaining filming that needs to be done. This will most likely include the death scene and some other small shots		
June 20	I will gather everything together and make sure that I have all audio and film that i need.	I will start the layout of the film using imovie. By place the clips in an estimated place of where I will need them it give me a very scrappy draft of the film	
JUne 21st-23rd	In these 3 days i plan on completing the draft of the of the film including all music and audio.	I do not want to drag this on as I will not have enough time to complete it by adding detail	
June 23rd-25th	I will change my software to Primium Pro because it will make the video a higher quality	These editing parts will include transitions and cleaning up cuts.	
June 26-29	The evaluation will describe in detail the ups and downs of creating the film and prepro. How i solved problems and what i can do to my film to change it and make it better		

All shooting of scenes will take place during 12th-19th of June

On the 12th and 13th of June I will start filming without the characters to produce test shots. This will help me plan what time of day I need to film to get the lighting I need and if the type of shots I want to use will work with the setting. The shots I want to use are panoramic mid shots, the panorama will move up starting at the bottom of the subject.

Filming, on this day, will start at 9 am. If the lighting isn't correct, I will film again at 10am. I am filming in the morning because the sun is bright and shines through the room I am filming in creating the lighting that I want.

The shots I will take when testing are the ones on my storyboard. These contain, Mid shot, long shot/ bird's eye pov, Panorama shot and close up shots. These are my examples

(video footage of all test shots)

Identification Tables

The only personnel I require are the actors. I will be financed by my father who has given me a budget of \$700 that he believes will be enough for me to buy all I need. I will be purchasing plates, face paint, clothing if necessary and fake blood.

In my treatment I have described this in detail of how I will spend the money. This table will make it clear.

What Props?	Estimate of cost	What are they used for? Necessity?
Fake Blood	\$60	Show the death of the therapist
2 Plates	\$200	They will break during the struggle and she shown in only one scene
Face painting	\$200	To show the stab wound and for the patient for dirt
TOTAL:	\$460	Any change can be used

		for emergencies and in any contingency plans
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Most props will be available. However in case of a malfunction I have prepared contingency plans.






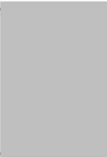


Contingency plan

<u>Actors/Actress</u>	<u>How will this affect filming and scheduling</u>	<u>Duration</u>	<u>Contingency plan</u>
If the actress or actor drops out or fails to make it to the set	If the actors drop out this may affect the scheduling process by having to make an extension. Leading me to having less time filming or editing which will lead to a lower quality final film. It also means that time spent on rehearsal of script will be wasted.		I have used back up actors to help speed the process along. This means, I do not waste time finding new actors. However rehearsing the script may take more time.
<u>Location</u>	<u>How will this affect filming process</u>		<u>Contingency plan</u>
Living room/ Therapist office is the setting of the majority of the film and it is located inside a living room because i have taken the idea from a similar	If the space is unavailable due to noise or disruption it will leave me with no place to film. It will halt all of production in place and it may be difficult to find		I have planned on two different contingency plans. One being a house close to the original set that has similar aspect to original set. The other is using an

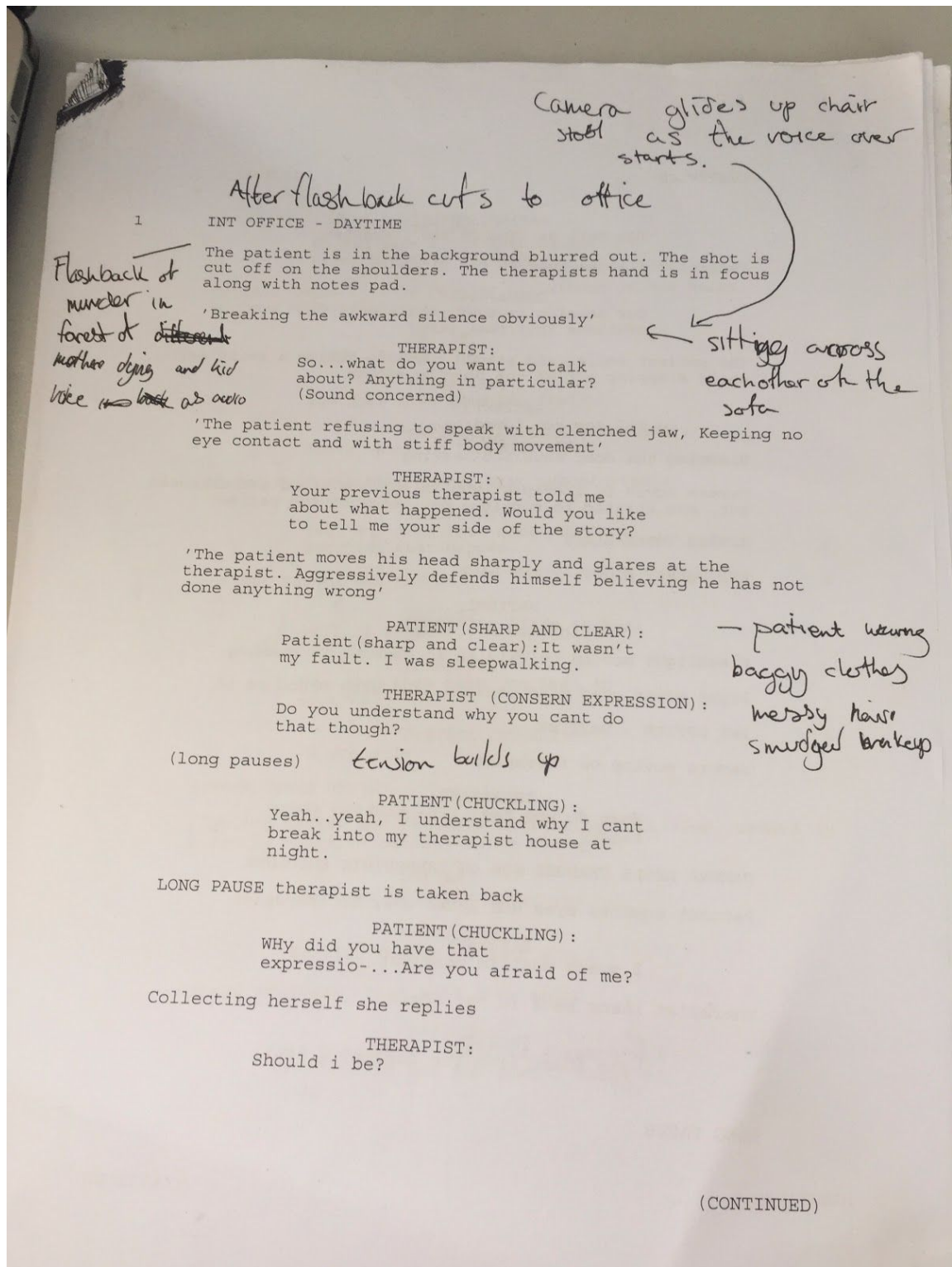
film where a therapist takes her clients inside her living room because she uses it as her office.	new settings.		actual therapist room located inside the school. This does not hold similar aspects and may lead to me shooting the whole film again.
<u>Props</u>	<u>How will this affect filming process</u>		<u>Contingency plan</u>
Props are used within my film such as a note pad and pen, knife, fake blood, plate, and vase.	If props become unavailable it can make the final outcome look unplanned and disorganised. Which mean a lower quality film.	Knife,Fake blood, and vase: All used in one shot for around 10 seconds Note pad and pen: used in two scenes for majority of the film	It is unlikely there won't be a note pad and pen on the set and I have already purchased them. As for the fake blood, I have also purchased, I have other materials and ingredients to actually make the fake blood. This will definitely come in handy if i use all the bought fake blood as well. The plate and vase are also bought and i plan on breaking them to use as smashed pieces of glass. If I need to reshoot the scene and no long have the glass pieces i can use smashed pieces of tile. I can get these from a construction site near the set and have, in fact, already asked permission from

			the owners to do so.
<u>Equipment</u>	<u>How will this affect filming process</u>		<u>Contingency plan</u>
The equipment I will be using are the filming recorder, Voice recorder tripod and light reflector	By not having these in place it will stop all production. I will have nothing to record anything with or the footage may be shaky. The final outcome could not even exist and if it does it will look nothing like the planned story board	All of the equipment listed are vital and are used in every take throughout production	The contingency plan for sound recorder, camera, and tripod is that I have people from outside of school that also do lots of filming. If equipment is unavailable or runs out of battery on set I have prepared an extra battery.

Dubchart

<u>What is happening?</u>	<u>Pen tapping</u>	<u>Shuffling in seat</u>	<u>Breaking glass</u>	<u>scream</u>	<u>Heartbeat</u>	<u>Footsteps</u>	<u>Background music</u>
Camera is focused on ped and note pad. Therapist is having a session with patient							
Patient moves back in his chair							
Therapist moves in chair							
Patient tries to kill therapist breaking objects in the struggle							
Therapist, being attacked screams							
Screen goes black after fight							
Patient is seen running from dead bodie							

Marked Script



Emilia

1

INT OFFICE - DAYTIME

The patient is in the background blurred out. The shot is cut off on the shoulders. The therapists hand is in focus along with notes pad.

Good-
strong
v.s.-d
not

'Breaking the awkward silence obviously'

THERAPIST:

So...what do you want to talk about? Anything in particular?
(Sound concerned)

'The patient refusing to speak with clenched jaw, Keeping no eye contact and with stiff body movement'

THERAPIST:

Your previous therapist told me about what happened. Would you like to tell me your side of the story?

'The patient moves his head sharply and glares at the therapist. Aggressively defends himself believing he has not done anything wrong'

PATIENT (SHARP AND CLEAR):

Patient (sharp and clear): It wasn't my fault. I was sleepwalking.

THERAPIST (CONERN EXPRESSION):

Do you understand why you cant do that though?

(long pauses)

PATIENT (CHUCKLING):

Yeah..yeah, I understand why I cant break into my therapist house at night.

LONG PAUSE therapist is taken back

PATIENT (CHUCKLING):

Why did you have that expressio-...Are you afraid of me?

Collecting herself she replies

THERAPIST:

Should i be?

(CONTINUED)

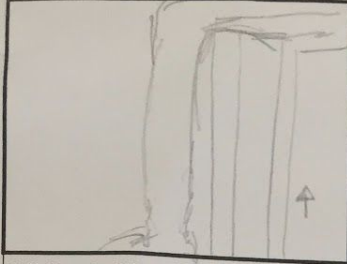
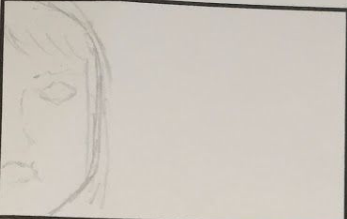
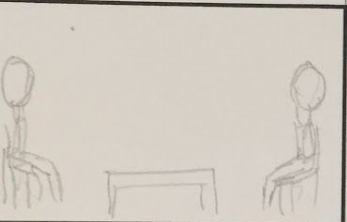
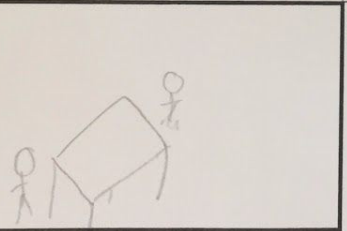

what's
the
camera
doing
where
are
we?
what
are
they
wearing?

Flashback/
formalist
eddy work
be
cool here

2

Storyboard

①

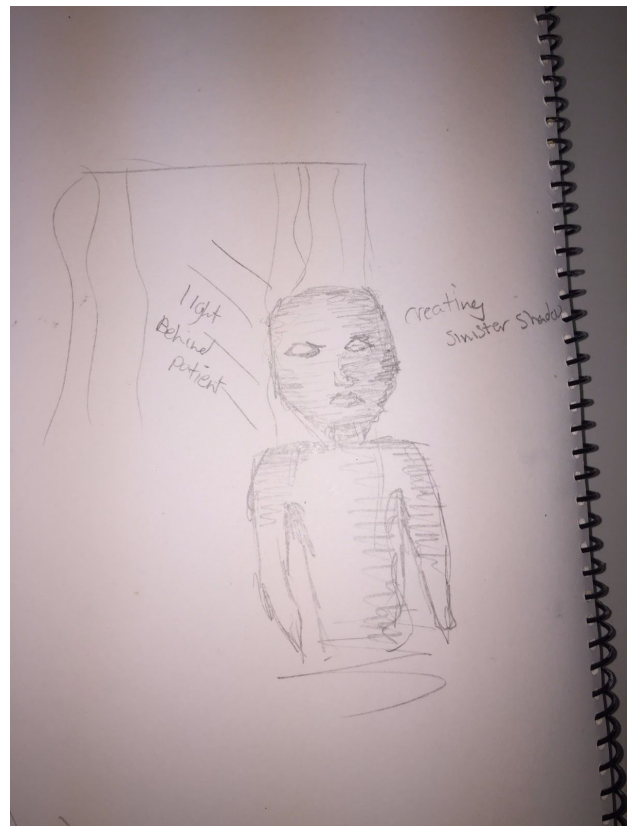
STORYBOARD SHEET		
	Shot No./Type of Shot/Camera Movement mid shot movement ↑	Dialogue – Sound silence
Edit/Length of Shot		
	Shot No./Type of Shot/Camera Movement mid shot staying still	Dialogue – Sound
Edit/Length of Shot		
	Shot No./Type of Shot/Camera Movement wide shot simple and but compelling	Dialogue – Sound
Edit/Length of Shot		
	Shot No./Type of Shot/Camera Movement Birds eye point of view	Dialogue – Sound
Edit/Length of Shot		
	Shot No./Type of Shot/Camera Movement panorama Birds eye view moves up	Dialogue – Sound
Edit/Length of Shot		

Shot list

Shot	Description/Duration	Techniques
Patient in background blurred out. Foreground of therapists shoulders	The patient will be on the left side of the screen blurred out with half his face in darkness as the other side is light with natural light. The lighting will be easy to see but the detailed face will be more difficult. The shoulder of the therapist will take up 30% of the screen and be in focus.	By filming it this way it lures the audience in with mystery of who the people are. By filming the shoulder of the therapist it will lead the audience to believe that they are in the scene, making it even more intense. This means in the first shot I have already captivated the audience
The therapist hand in shot close up	This is of therapist writing down in her note pad. It shows some writing of personality disorders. Focus is out at first then comes in.	I will be using a focusing technique which will make the audience pay more attention and try to figure out what is going on.
Therapist upper body and head mid shot	Dialog plays here as therapist starts talking to the patient.	I will use rule of thirds her as well by placing therapist on the left side and having the rest of the shot white
Patient sitting (can't see face cuz lighting) Mid shot	The patient is sitting on the couch leaning back so the audience can't see his face because of the lighting	I will be using a light technique as it shows danger and elaborates on good and evil.
Moves back to therapist Mid shot	Therapist is talking to patient. This shot is longer because it has a longer dialog to it	Same rule of thirds before with therapist on the left of the screen
The patient moves head sharply. mid shot	This is a reaction shot for what the therapist said	Camera moves with characters movement
Bird's eye pov both characters	Dialog responding to therapist	Using the bird's eye POV it shows both characters and their reaction towards

		each other. The shot speaks for itself and doesn't necessarily need much dialog
Back to patient wide shot	Intense shot of patient acting calm and collected when he is obviously quite mad	Using lighting to show the patient face this time as he leans forward it give the audience a sense of what the patient may be hiding not only literally but metaphorically as well
The therapist wide shot	Reaction shot of how the patient acted.	The camera angle will be lower more at hip level and will be angled up. This is to give the audience the impression that they are hiding from both characters and are not supposed to be there
POV of therapist of the patient long shot	This shows the patient through the therapist eyes as she tried to understand him more. Also dialog.	By making this a POV shot it becomes more connected to the audience and provokes more emotions such as fear
The door with patient leaving mid shot	Showing the fast exit of the patient	The camera follows the patient's movement out of the room and lands on a mid shot of the slamming door. I've done it this way to create some movement and flow through the filming and keep the audience interested
The therapist close up	Stressing out as she looks through notes	Reaction shot is useful after the shot before this one

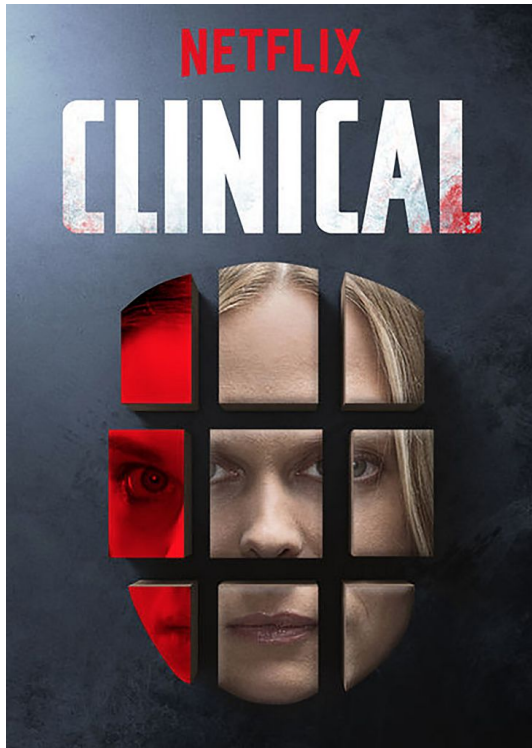
Drawn examples of Lighting



This is what I picture I can recreate in my own film by using natural lighting.

Inspiration/Comparing

Clinical



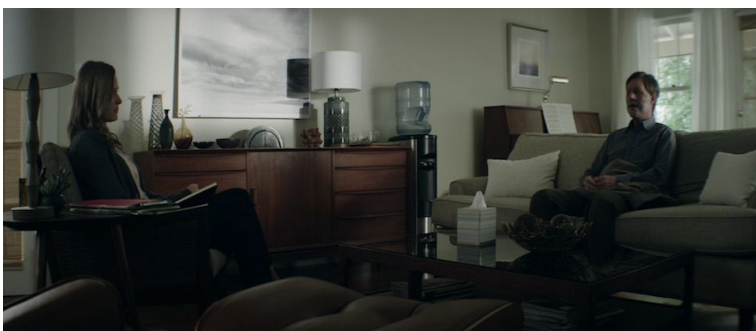
This movie is where I got a lot of my inspiration from. A brief description of this is the therapist is attacked by a patient and is trying to recover from this violent attack. When trying to put her life together again she takes on a patient with a violent and mysterious history. This movie was directed by Alistair Legrand who has also filmed a movie called The Diabolical.

The Diabolical is a thriller/SciFi film. Alistair Legrand has only filmed these two movies, according to IMDb.

This may make it easier for me to copy his techniques and use the in my short movie.

I will compare scenes from this movie to my own in my evaluation. I will be using similar shot techniques that this film uses an example would

be this wide shot of both patient and therapist. This is because the effect this scene has is memorable and shows us the distance in both character.



A lot of shots in this movie are wide shots. This shots' cinematography and lighting is something i hope to recreate in my film. The natural light behind the character hides his face making it difficult for the audience to see. If I create this same effect in my film by using natural lighting and where i place my character, I will be pleased with the end result.

